

The Enneagram, the Beatitudes, and the Nine Arts of Healthy Conversations™

- 1. Blessed are those who hunger and thirst for righteousness's for they shall be satisfied.** (Matthew 5:6) The Reformers are known for being the principled, idealistic type. What do righteousness, grace, and satisfaction have in common? How do they re-form our lives?
- 2. Blessed are the meek, for they shall inherit the earth.** (Matthew 5:5) The Helpers are known as the caring, interpersonal type. What do comfort, service, and generosity have in common? What does it mean to inherit the earth?
- 3. Blessed are the poor in spirit, for theirs is the Kingdom of heaven.** (Matthew 5:3) The Achievers are known as the adaptable, success-oriented type. What does being poor in spirit have to do with success? How can we achieve/experience heaven in this moment?
- 4. Blessed are those who mourn for they shall be comforted.** (Matthew 5:4) The Individualists are known as the romantic types. What is romantic about mourning? How long do we need to wait to feel comforted? Which makes you more original – suffering or comfort?
- 5. Blessed are you who are persecuted for righteousness' sake, for yours is the Kingdom of heaven.** (Matthew 5:10) The Investigators are known as the perceptive, cerebral type. Why are we persecuted for speaking truth? How does truth allow us to experience heaven in this moment? What does education have to do with truth?
- 6. Blessed are you when men revile and persecute you on my account. Rejoice for your reward is great in heaven.** (Matthew 5:11-12) The Loyalists are known as the committed, security-oriented type. What do persecution, commitment, and security mean? How does belonging, awareness, and the promise of reward create a sense of security in hard times?
- 7. Blessed are the pure in heart, for they shall see God.** (Matthew 5:8) The Enthusiasts are known as the busy, productive type. What do purity, joy, and productivity have in common? What does it mean to see God?
- 8. Blessed are the merciful, for they shall obtain mercy.** (Matthew 5:7) The Challengers are known as the powerful, aggressive type. What do mercy, power, and strength mean to you? How do they bring out the best in each of us and all of us? How do they build trust?
- 9. Blessed are the peacemakers, for they shall be called children of God.** (Matthew 5:9) The Peacemakers are known as the easy-going, self-effacing type. How does acceptance create peace in yourself and for others? What does it mean to be a child of God?

Personality descriptions are from QUEST: Quick Enneagram Sorting Test. www.enneagraminstitute.com ©1998 Don Richard Riso & Russ Hudson



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